



OFFICE OF THE COUNTY EXECUTIVE

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Joseph N. DiVincenzo, Jr.

Essex County Executive



May 2019

Dear Friends:

We are pleased to join with you to celebrate **World Falun Dafa Day** on Monday, May 13th!

First taught publicly in 1992 by Master Li Hongzhi, this Chinese cultural practice has rapidly grown in popularity and is now followed by over millions people in 100 countries. Falun Dafa is a holistic approach that addresses physical, mental and emotional well-being, and consists of meditation, gentle sets of exercise, and emphasis on following a moral philosophy based on truthfulness, compassion and tolerance. The goal is to help people to become healthier, happier and more altruistic – a message that we all can benefit no matter what our background or ethnicity.

Falun Dafa has been welcomed in New Jersey, and is regularly practiced in senior centers, corporate settings, health clubs, parks, libraries and in private. Again, this is evidence of the wide and diverse populations that participate, follow and are guided by the principles of Falun Dafa.

We encourage you to continue your outreach into the community and spread the positive message of Falun Dafa.

Sincerely,

Joseph N. DiVincenzo, Jr.
Essex County Executive

Putting Essex County First

ESSEX COUNTY IS AN EQUAL OPPORTUNITY EMPLOYER